

JUSTIN EPSTEIN



Minister, The Unity Center of New York City

Raised Jewish, Justin attended Hebrew School through the sixth grade and received Bar Mitzvah in an orthodox temple. Though many seeds for the spiritual journey were planted growing up, it was as a freshman at James Madison University that he began to read and attend lectures by such people as Dr. Norman Vincent Peale, Robert Schuller, Swami Satchidananda, Dr. Maxwell Maltz, Wayne Dyer, Brian Tracy, Anthony Robbins, Unity authors, and others. Fascinated with the spiritual journey and having natural talent in communication, Justin graduated Magna Cum Laude in Interpersonal Communications and Religion-Philosophy. He also received the Religion Award and Warren Hobbie scholarship as *"The Person Most Likely to Make a Difference Through Organized Religion."*

In 1993, Justin became one of the youngest ordained ministers in the history of Unity. He served as assistant minister at Christ Church Unity in Kansas City and Unity Church of Tidewater in Virginia Beach, Virginia. Inspired by the teachings of revered yogi sage Paramahansa Yogananda, author of the spiritual classic *Autobiography of a Yogi*, Justin lived, worked and studied for three years at Ananda Village, one of the most successful yoga/meditation retreats and spiritual communities in the world. There, he became a licensed Ananda Yoga instructor and also began speaking in Unity, Religious Science, and other New Thought Churches throughout Northern California. Justin's background of Judaism, Christianity, Yoga philosophy, and personal development studies are evident in his Sunday messages and weekly workshops.

Justin is the author of the CD program, *"The Enlightened Golfer: Merging Mind, Body, & Spirit Through the Game,"* which he has taught to hundreds of golfers. And...Justin's book ***SUPER YOU: The 7 Steps to Profound Peace & Personal Power*** will be published in the Spring of 2012. *"Super You is a wonderful book that shows you how to tap into your amazing powers for success, happiness and inner peace."* – Brian Tracy, author of *"No Excuses!"*

In the spring of 1999, Justin was hired as the Associate Minister to Eric Butterworth at Unity New York. Justin had the rare opportunity of developing a friendship with Eric and having many private conversations with him on a variety of topics, including golf! While at Unity New York,, Justin led many Sunday Services in Avery Fisher Hall in Lincoln Center and conducted numerous Tuesday Lecture Series and Workshops at The Center. He also had a cable television show, *"Practical Spirituality,"* which aired weekly in Manhattan, Brooklyn, and the Bronx. And, he graduated from the American Comedy Institute and performed in comedy clubs throughout the City.

In 2004, Justin became the Senior minister of the Unity Church of Hilton Head Island in South Carolina, where he served for seven years. While in Hilton Head Island, Justin wrote a bi-monthly column *"Practical Spirituality"* for the local newspaper reaching thousands of people. Justin's ministry now comes full circle as he begins serving as the minister The Unity Center of New York City, where he had previously served as the Associate to Eric Butterworth.

Justin's Vision of the Unity Ministry:

"A ministry exists as a community, a body of people who have come together to support one another in spiritual growth. As a minister, I can share with people Spiritual and Personal Growth Principles to enable them to express their potential as an individualized expression of God."